

Assumption Parish Community Asset Guide 2024



Food System, Physical Activity, and Community Assets

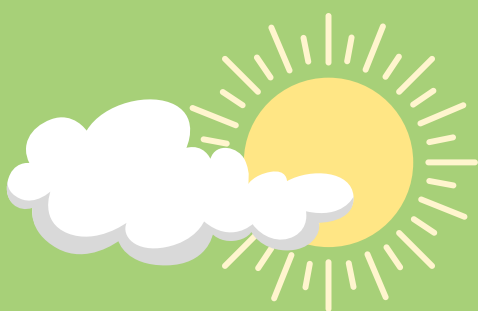


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In 2018, the LSU AgCenter Healthy Communities team was awarded a \$5 million, five-year grant from the CDC's High Obesity Program (HOP). This grant aimed to improve nutrition and physical activity environments in six rural parishes with some of the highest obesity rates in the state: Assumption, St. Helena, Tensas, Madison, Morehouse, and East Carroll. Over the grant period, our team used community-driven methods to assess local health needs and implement policy, systems, and environmental (PSE) changes. Our goal was to promote healthy behaviors, reduce obesity rates, and enhance quality of life for residents. The infographic on the next page shows some of the impacts of our work in Assumption Parish.

In 2023, the Healthy Communities team was awarded \$4.02 million to continue HOP in existing parishes, including Assumption, and expand to 5 more parishes: Claiborne, Winn, St. Martin, Concordia, Catahoula, and Terrebonne. Our goals and objectives over the next 5 years will be to increase access to healthy food and physical activity in Assumption Parish through:

- Food service guidelines and nutrition standards.
- Fruit & vegetable vouchers and produce prescription programs.
- Policies and plans that connect bike, pedestrian, and public transit routes to everyday destinations.

Part of our strategy includes identifying and leveraging existing resources in the community, so we created this guide to share the information we gathered with you. The following pages detail the strong network of resources, stakeholders, and community assets within Assumption Parish.

This guide provides information about the resources, knowledge, and assets that your community possesses.

Assumption Parish Healthy Communities CDC High Obesity Program



About Our Program

LSU AgCenter Healthy Communities is an initiative that makes Louisiana towns healthier places to live, work, learn, and play. We help communities identify local food and physical activity needs. Then, local coalitions work together to make healthy food and physical activity safe, accessible, and affordable for the whole community.

2018

LSU AgCenter Healthy Communities team receives \$5 million, five-year CDC High Obesity Program (HOP) grant.

2018 - 2023

Team uses funding to address health disparities related to nutrition & physical activity in 6 parishes with obesity rates over 40%: Assumption, Tensas, Madison, East Carroll, Morehouse, & St. Helena.

2023 - 2028

Team awarded \$4.02 million to continue HOP in existing parishes and expand to 5 more: Claiborne, St. Martin, Winn, Concordia, Catahoula, and Terrebonne.

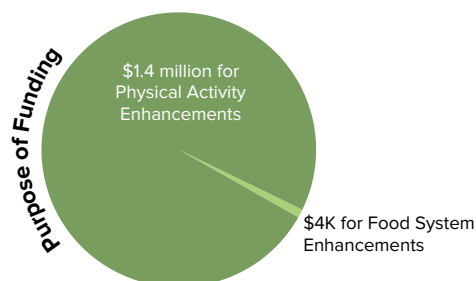
Assumption Parish Impact 2018 - 2023



\$1,404,713

in outside funding to support food system and physical activity enhancements

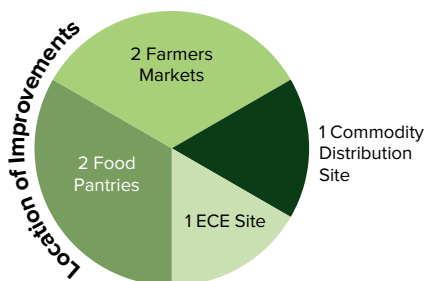
Meaning we nearly tripled our funding for Assumption Parish through sponsorships, volunteer hours, and grants.



6,415 people

with improved access to healthier foods

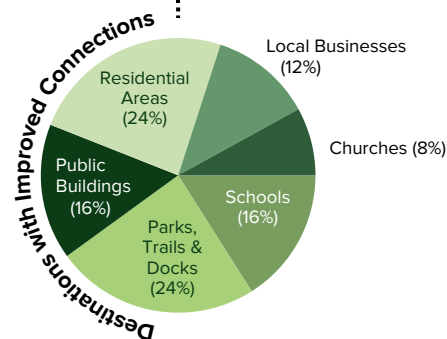
That's over 30% of the total population of Assumption Parish!



9,380 people

impacted by plans, policies, or improvements to routes connecting everyday destinations

That's over 45% of the total population of Assumption Parish!



Updated March 2024

Funding awarded by the Centers for Disease Control and Prevention through Cooperative Agreement number CDC DP23-2313, High Obesity Program.

Assumption Parish **Demographics**



21,067
Residents

Age & Population

The average age of residents is around 42 years old. This is about 10% older than the typical age across the country and the state.

Race & Ethnicity

Less than 3% of the population is Asian, Native American, or more than one race.

65.1% White
28.9% Black
3.4% Hispanic

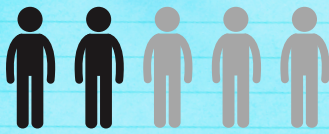


Median Income
\$47,023

Socioeconomic

- Nearly 1 in 10 households do not have a vehicle.
- The unemployment rate is 4.6%.
- Around 1 in 6 people live below the poverty line.

Assumption Parish **Health Data**



2 in 5

adults in the parish
live with obesity.

Health Outcomes

Assumption ranks 42 out of 64 parishes in terms of health outcomes, which includes quality of life, diabetes prevalence, and premature death.

Food Insecurity

Nearly half of the kids in the parish are eligible for free or reduced price lunch. This means their household income is at or below the poverty line or their families participate in other government programs.

Nearly
1 in 10



residents do not
have reliable access
to safe, nutritious
food.

More than
3 in 10
residents are
physically
inactive.



Physical Activity

More than 6 out of 10 residents lack access to physical activity opportunities. This means they do not live near a park or recreational facility.



Food System Assets

These assets are places where residents can access food, including restaurants, food retailers, food pantries, community and school gardens, and farmers' markets.

Restaurants

Restaurants	Address
El Cajun's La Mex	5656 LA-1, Napoleonville, LA 70390
Subway	105 LA-70 Spur, Plattenville, LA 70393
Pizza Hut	4783 LA-308, Napoleonville, LA 70390
Stella's Kitchen	121 Washington St, Napoleonville, LA 70390
Politz's	4936 LA-1, Napoleonville, LA 70390
Dairy Inn	5030 LA-1, Napoleonville, LA 70390
Subway	3252 LA-70, Pierre Part, LA 70339
Buddy's Drive-In	3422 LA-70, Pierre Part, LA 70339
Landry's Seafood	3614 LA-70, Pierre Part, LA 70339
Cajun Cafe on the Bayou	2642 LA-1, Labadieville, LA 70372
Vinnie's Smokehouse	2601 LA-1, Labadieville, LA 70372
Delish Donuts	3719 LA-70, Pierre Part, LA 70339
Gator Corner	1230 LA-70, Belle Rose, LA 70341
Taqueria Los Primos	2876 LA-1, Labadieville, LA 70372

Dollar Stores

Dollar Store	Address
Dollar General 0767	252 LA-70 Spur, Plattenville, LA 70393
Dollar General 6534	4625 LA-1, Napoleonville, LA 70390
Dollar General 4288	3518 LA-70 S, Pierre Part, LA 70339
Dollar General 12770	2585 LA-1, Labadieville, LA 70372
Family Dollar Store 5294	6055 LA-1, Paincourtville, LA 70391
Dollar General 15601	1110 LA-662, Morgan City, LA 70380
Dollar General	3257 LA-1, Napoleonville, LA 70390
Family Dollar/Dollar Tree	3175 LA-70, Pierre Part, LA 70339

Grocers

Grocers	Address
Winston Walters Grocery (Big B's)	7107 LA-1, Belle Rose, LA 70341
A la Carte	278 Ideal St, Belle Rose, LA 70341
Rouses Market	260 LA-70 Spur, Plattenville, LA 70393
Bo's Seafood Too	4862 LA-1, Napoleonville, LA 70390
Bergeron's Meat Market, Inc	134 Canal Rd, Napoleonville, LA 70390
Templet's Grocery	3602 LA-70, Pierre Part, LA 70339
Pierre Part Store	3421 LA-70, Pierre Part, LA 70339
Cajun Fry Products	116 Mike Street, Pierre Part, LA 70339
La La's Food Store	2719 LA-1, Labadieville, LA 70372
Bayou L'Ourse Supermarket	1100 LA-662, Morgan City, LA 70380
Errol's Cajun Foods	6801 LA-1001, Belle Rose, LA 70341

Convenience Stores

Convenience Stores	Address
Gator Super Stop (Marathon Gas Station)	1230 LA-70S, Belle Rose, LA 70341
Chevron Gas Station	124 LA-70 Spur, Plattenville, LA 70393
Texaco Gas Station	105 LA-70 Spur, Plattenville, LA 70393
Poppingo's Gas Station	102 Washington St, Napoleonville, LA 70390
Roundup Express (Marathon Gas Station)	4805 LA-308, Napoleonville, LA 70390
Charlie's One Stop	4738 LA-1, Napoleonville, LA 70390
Circle K Gas Station	3715 LA-70 S, Pierre Part, LA 70339
Duffy's Gas Station/D&M Seafood	4030 LA-70, Pierre Part, LA 70339
Stazione's Deli (Exxon Gas Station)	4502 LA-70, Pierre Part, LA 70339
S&D Bait Go Gas Station	4411 LA-70, Pierre Part, LA 70339
Bayside Launch and Tackle	102 S Bay Rd, Pierre Part, LA 70339
Bolotte's (Exxon Gas Station)	2564 LA-1, Labadieville, LA 70372
GoBears (Conoco Gas Station)	2564 LA-1, Thibodaux, LA 70301
Nam Quick Stop 1	2876 LA-1, Labadieville, LA 70372
Quick Fuel	7080 LA-1, Belle Rose, LA 70341
Henderson Mini Mart	3380 Back Marais Rd, Napoleonville, LA 70390

Food Pantries, Commodity Distribution & Congregate Meals

Food Pantries	Address	Days and Hours
Coupe de Main	7161 LA-1, Belle Rose, LA 70341	Tuesdays 10:00am-12:00pm
Commodity Distribution Sites	Address	Distribution Days and Hours
St. Jules Catholic Church	7161 LA-1, Belle Rose, LA 70341	Every 4 months on the last Wednesday of month from 1:00-2:00pm
Napoleonville Community Center	4770 LA-1, Napoleonville, LA 70390	Every 4 months on the last Wednesday of month from 9:00-11:00am
Bayou L'Ourse Fire Station	333 LA-663, Morgan City, LA 70380	Every 4 months on the last Tuesday of month from 9:00-11:00am
Labadieville American Legion Hall	310 Brule Rd, Labadieville, LA 70372	Every 4 months on the last Tuesday of month from 1:00-2:00pm
Pierre Part American Legion Hall	LA-70, Pierre Part, LA 70339	Every 4 months on the last Thursday of month from 9:00-11:00am
St. Elizabeth/St. Jules	7161 LA-1, Belle Rose, LA 70341	Fourth Saturday of each month from 9:00-10:00am
Veteran's Park Mobile Pantry	2656-2896 LA-70, Pierre Part, LA 70339	Second Wednesday of each month from 8:00-10:00am
LSU AgCenter Food for Seniors	119 Robin St, Napoleonville, LA 70390	Third Thursday of each month from 9:00-11:00am
Bright Morning Star Church	402 Assumption St, Napoleonville, LA 70390	Second Saturday of each month from 8:00-11:00am
American Legion Food for Seniors	3336 LA-70 S, Pierre Part, LA 70339	Third Thursday of each month from 1:00-2:30pm
Congregate Meal Site	Address	Days and Hours
Assumption Parish Council on Aging	166 LA-1008, Napoleonville, LA 70390	Monday-Friday at 11:00am

School Gardens

School Gardens	Address
Les Petits Amis	6039 LA 1, Napoleonville, LA 70390
Napoleonville Primary School Garden	185 LA-1008, Napoleonville, LA 70390

Farmers' Markets

Farmers' Markets	Address	Days and Times
Labadieville Farmer's Market*	3218 LA-1, Napoleonville, LA 70390	Saturdays from 10:00am-1:00pm
Barcelo Gardens Market	211 Franklin St, Napoleonville, LA 70390	Fridays from 11:00am-2:00pm

*The farmer's market is temporarily closed due to storm damage, with no reopening date announced as of February 2025.



Physical Activity Assets

These assets offer opportunities for physical activity and outdoor exploration in Assumption Parish, including walking, hiking, biking, jogging, and recreational and competitive sports.

Parks, Playgrounds, Fields and Courts

Park, Playground, Field or Court	Address
Grant Park	294 LA-403, Paincourtville, LA 70391
Palm Ln. Park	132 Palm Ln, Labadieville, LA 70372
Labadieville Recreation Park	362 Valence Rd, Labadieville, LA 70372
Veteran's Park	2656-28996 LA-70, Pierre Part, LA 70339
Belle River Landing	End of LA-1016-1 (Shell Beach Rd), Pierre Part, LA 70339
Attakapas Landing	End of LA-401 (down the canal), Napoleonville, LA 70390
Canal Street Park	403 Canal St, Napoleonville, LA 70390
Marais Recreation Park	3365 Back Marais St, Napoleonville, LA 70390
St. Mary Park	169 LA-1008, Napoleonville, LA 70390
Bayou L'Ourse Recreation Park	1213 LA-662, Morgan City, LA 70380
CSL Ball Park	End of Verret Lane, Plattenville, LA 70393
Gilbert Dupaty Memorial Park	283 Daggs St, Belle Rose, LA 70341
Bertrandville Park	144 Skidmore St, Bertrandville, LA 70390
Frenchlane Park	101 Gold St, Napoleonville, LA 70390

Wildlife, Nature and Walking Trails

Site	Location
Elm Hall Wildlife Management Area	Napoleonville, LA 70390
Hospital Walking Trail	135 LA-402, Napoleonville, LA 70390
Bayou L'Ourse Walking Trail	1213 LA-662, Morgan City, LA 70380
Marais Park Walking Trail	3365 Back Marais St, Napoleonville, LA 70390
School Board Walking Trail	4901 LA-308, Napoleonville, LA 70390
The Island of the Blessed Virgin Mary	1026 Bayou Dr W, Pierre Part, LA 70339
Veteran's Park Walking Trail	2656-28996 LA-70, Pierre Part, LA 70339
Bayouside Golf Course	5085 LA-1, Napoleonville, LA 70390
Napoleonville Elementary School Sidewalks	185 LA-1008, Napoleonville, LA 70390



Community Assets

These assets enrich Assumption with a variety of support across multiple areas including education, faith, social services, economic development, housing, public safety, transportation, healthcare and tourism.

Education

Public Schools	Address	Grades Served
Assumption High School	4880 Louisiana 308, Napoleonville, LA 70390	9 – 12th
Bayou L’Ourse Primary School	1397 LA-662, Morgan City, LA 70380	Pre-K3 – 4th
Belle Rose Primary School	7100 LA-308 S, Donaldsonville, LA 70346	Pre-K3 – 4th
Belle Rose Middle	7177 LA-1, Belle Rose, LA 70341	5 – 8th
Labadieville Primary School	3045 LA-1, Labadieville, LA 70372	Pre-K3 – 4th
Labadieville Middle	2747 LA-1, Labadieville, LA 70372	5-8th
Napoleonville Primary School	185 LA-1008, Napoleonville, LA 70390	Pre-K3 – 4th
Napoleonville Middle	4847 LA-1, Napoleonville, LA 70390	5 – 8th
Pierre Part Elementary School	3321 LA-70, Pierre Part, LA 70339	Pre-K3 – 8th

Private Schools	Address	Grades Served
St. Elizabeth School	6051 Convent Street, Paincourtville, LA 70391	Pre-K3 – 8th

Early Care and Education (ECE)	Address
Cribs to Crayons Child Care, LLC	3103 Lee Dr, Pierre Part, LA 70339
Les Petits Amis	6039 LA 1, Napoleonville, LA 70390
St. Elizabeth School	6051 Convent St, Paincourtville, LA 70391
Belle Rose Primary School	7100 LA-308 S, Donaldsonville, LA 70346
Napoleonville Primary School	185 LA-1008, Napoleonville, LA 70390
Bayou L’Ourse Primary School	1397 LA-662, Morgan City, LA 70380
Labadieville Primary School	3045 LA-1, Labadieville, LA 70372
Pierre Part Elementary School	3321 LA-70, Pierre Part, LA 70339

Citizens' Associations

Community Centers	Address
Bayou L'ourse Community Center	1213 LA-662, Morgan City, LA 70380
Napoleonville Community Center	4770 LA-1, Napoleonville, LA 70390
Assumption Parish Community Center	4910 LA-308, Napoleonville, LA 70390

Seniors' Groups	Address
Assumption Council on Aging Napoleonville	166 LA-1008, Napoleonville, LA 70390
Assumption Council on Aging Pierre Part	3618 LA-70, Pierre Part, LA 70339

Youth Groups	Address
4-H	119 Robin St, Napoleonville, LA 70390
School Athletic Programs	Assumption High School
Blue Dragon Tae Kwon Do	105 Acorn Estates, Pierre Part, LA 70339
Boy Scouts	Local library, churches, and American Legion
Cajun Twisters Gymnastics	112 Robin St, Napoleonville, LA 70390
CBA Basketball and Volleyball Summer Camps	PPE Gym, Pierre Part, LA 70339
Cookie's Kids	3218 LA-1, Napoleonville, LA 70390
CSL Softball	End of Verret Ln, Plattenville, LA 70393
Girl Scouts	Pierre Part library, churches, and American Legion
Raiders Football	NMS Football Field, Napoleonville, LA 70390
Shanda's Dance and Gym Academy	109 St. Peter St, Pierre Part, LA 70339
Veteran's Park Baseball Association	2656-28996 LA-70, Pierre Part, LA 70339

Other Citizen's Associations	Address
American Legion-Labadieville	310 Brule Rd, Labadieville, LA 70372
American Legion-Pierre Part	3336 LA-70 S, Pierre Part, LA 70339
Knights of Columbus-Pierre Part-Belle River	3302 LA-70 S, Pierre Part, LA 70339
Assumption ARC	4201 LA-1, Napoleonville, LA 70390
Knights of Columbus-Assumption	405 Franklin St, Napoleonville, LA 70390
Keep Assumption Beautiful	4813 LA-1, Napoleonville, LA 70390

Community Organizations

Faith-Based Organizations	Address
Beautiful Zion Baptist Church	803 Franklin St, Napoleonville, LA 70390
Nelson Chapel African Methodist Episcopal Church	217 Dr Martin Luther King Dr, Napoleonville, LA 70390
New Belmont Baptist Church	3037 LA-1, Labadieville, LA 70372
Pierre Part Christian Center	2524 LA-70 S, Pierre Part, LA 70339
St. Benedict the Moore Catholic Church	5479 LA-1, Napoleonville, LA 70390
St. Jules	7161 LA-1, Belle Rose, LA 70341
St. Joseph the Worker	3304 LA-70, Pierre Part, LA 70339
St. Elizabeth	114 LA-403, Napoleonville, LA 70390
St. Anne	411 St Joseph St, Napoleonville, LA 70390
St. Philomena	108 Brule Rd, Labadieville, LA 70372
Christ Episcopal Church	4805 LA-1, Napoleonville, LA 70390
Wesley United Methodist Church	101 Dr Martin Luther King Dr, Napoleonville, LA 70390
Church of the Assumption of the Blessed Virgin	5622 LA-308, Plattenville, LA 70393
St. Augustine Church	174 LA-1003, Belle Rose, LA 70341
St. James United Methodist Church	140 LA-998, Belle Rose, LA 70341
Canaan Baptist Church	5787 LA-308, Belle Rose, LA 70341
St. Paul Baptist Church	162 LA-400, Napoleonville, LA 70390
Community Worship Center	6688 LA-70, Belle Rose, LA 70341
First Baptist Church	4616 LA-308, Napoleonville, LA 70390
First Israel Baptist Church	7104 LA-308, Belle Rose, LA 70341
First Pentecostal Church	172 LA-70 Spur, Plattenville, LA 70393
Greater Israel Baptist Church	7076 LA-308, Belle Rose, LA 70341
Kingdom Hall of Jehovah's Witnesses	6279 LA-70 N, Paincourtville, LA 70391
Mount Carmel Church	3640 LA-1, Napoleonville, LA 70390
Bayou L'Ourse Baptist Church	1141 LA-662, Bayou L'Ourse, LA 70380
Belle River Baptist Church	4487 LA-70, Pierre Part, LA 70339
Beulah Baptist Church	5453 LA-1, Napoleonville, LA 70390
Bright Morning Start Baptist Church	511 Assumption St, Napoleonville, LA 70390
New Covenant Community Church	2650 LA-70 S, Pierre Part, LA 70339
New Mt. Carmel Baptist Church	147 Cancienne Rd, Napoleonville, LA 70390
New Mt. Zion Baptist Church	3460 LA-308, Napoleonville, LA 70390
Pilgrim Baptist Church	267 St. Vincent, Napoleonville, LA 70390
Rose Hill Baptist Church	228 LA-998, Belle Rose, LA 70341

Faith-Based Organizations	Address
Sound Word Christian Center	6266 LA-70, Belle Rose, LA 70341
St. Charles Baptist Church	209 LA-403, Paincourtville, LA 70391
St. John Baptist Church	3659 LA-1, Napoleonville, LA 70390
St. Mark Baptist Church	106 LA-1014, Labadieville, LA 70372
Thee Prevailing Church	248 LA-70 Spur, Plattenville, LA 70393
Victory Baptist Church	930 Bayou Dr, Pierre Part, LA 70339
Virginia Baptist Church	150 Virginia St, Belle Rose, LA 70341
Woodlawn Church	4042 LA-308, Napoleonville, LA 70390

Substance Abuse Homes, Domestic Violence Shelters, Counseling Services	Address
Chez Hope (Domestic Violence Shelter)	801 Main St, Franklin, LA 70538
Ascension Counseling Center	419 Memorial Dr, Donaldsonville, LA 70346
Cross Over Therapy	206 Clinic Dr, Donaldsonville, LA 70346

Local, State and Federal

Library	Address
Assumption Parish Library Main Branch	293 Napoleon Avenue, Napoleonville, LA 70390
Bayou L'Ourse Library Branch	1214 LA-662, Morgan City, LA 70380
Labadieville Library Branch	105 Cherry St, Labadieville, LA 70372
Pierre Part Library Branch	2800 LA-70 South, Pierre Part, LA 70339
Belle Rose Library Branch	7089 LA-1, Belle Rose, LA 70341

Transportation Services	Address
Assumption Council on Aging	166 LA-1008, Napoleonville, LA 70390

Government Agencies	Address
Assumption ARC	4201 LA-1, Napoleonville, LA 70390

Medical and Healthcare

Public and Private Hospitals	Street
Ascension Physical Therapy	184 LA-70 Spur, Plattenville, LA 70393
Assumption Community Hospital/Our Lady of the Lake RMC	135 LA-402, Napoleonville, LA 70390
Assumption Parish Health Unit	158 LA-1008, Napoleonville, LA 70390
Bayou Home Health	3117 Lee Dr, Pierre Part, LA 70339
Belle Rose Chiropractic Clinic	7336 LA-1, Donaldsonville, LA 70346
Thibodaux Regional Family Medical Center	114 LA-403, Paincourtville, LA 70391
Thibodaux Regional Family Medical Center	3928 LA-70 S, Pierre Part, LA 70339
Reddy Family Medical Clinic	154 LA-1008, Napoleonville, LA 70390
Reddy Family Medical Clinic	3407 LA-70 S, Pierre Part, LA 70339
Assumption Primary Care	143 LA-402 #4, Napoleonville, LA 70390
Teche Action Clinic	3617 LA-70 S, Pierre Part, LA 70339
Louisiana Rural Health Association	133 LA-402, Napoleonville, LA 70390
Prevention Plus	3517 LA-70 S, Pierre Part, LA 70339

Pharmacies	Address
Assumption Pharmacy	120 Washington St, Napoleonville, LA 70390
Paincourtville Pharmacy	112 LA-403, Paincourtville, LA 70391
Richard's Pharmacy Inc	3610 LA-70, Pierre Part, LA 70339

Nursing Homes & Assisted Living	Address
Chateau Napoleon Caring	252 LA-402, Napoleonville, LA 70390
Chateau D'ville Rehab & Retirement	401 Vatican Dr, Donaldsonville, LA 70346

Tourism

Tourism Sites	Street
Cajun Cabins at Bayou Corner	Sportsman's Dr, Belle Rose, LA 70341
Christ Episcopal Church	4805 LA-1, Napoleonville, LA 70390
Assumption of the Blessed Virgin Mary Church	LA-308, Plattenville, LA 70393
La Belle Riviere Bed and Breakfast	1023 Belle River Road, Pierre Part, LA 70339
Lazy Day Marina & RV Park	954 Belle River Road, , Pierre Part, LA 70339
No Problem Raceway	6470 LA-996, Belle Rose, LA 70341
St. Elizabeth Catholic Church	114 LA-403, , Napoleonville, LA 70390
St. Philomena Catholic Church	108 Brule Road, Labadieville, LA 70372

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